



WASTE



Eco-Action 39: Food

For our Transport **#EcoSchoolsAtHome** (Eco-Action 35) you looked at where your food travels from and now we're going to make sure it wasn't a wasted journey!

Nursery: Check the use by dates on items of food in your fridge and help a parent or guardian plan your lunches and dinners so no food is wasted this week.

Primary: Check the use by dates on items of food in your fridge and find a recipe, that you can help an adult to cook, which uses food items that may otherwise go past their use by date.

Secondary/College: In Eco-Action 35 we asked you estimated your diet's carbon footprint. Now we would like you to try and reduce your footprint by minimising food waste. Check the use by dates of food items in your fridge, then research recipes you could create (with permission) to help minimise your food waste e.g. banana bread was a lockdown number 1 staple for many households.

Eco-Action 40: Rethink Your Waste

Nursery: At Eco-Schools we love creating art from recycled material—your task is to create a sculpture or piece of art made from recycled materials. If you need some inspiration our friends at RSPB have guides for creating bug, birds and woodland artwork. www.rspb.org.uk/fun-and-learning/for-families/family-wild-challenge/activities/upcycling-for-nature/

Primary: Our friends at RSPB have fantastic guides for creating your own bird feeders using recycled materials. Use their design to create your own bird feeders using a plastic bottle (make sure you ask an adult for help before beginning). Once you have made your bird feeder, you may also wanted to consider what type of bird food is available in at your new 'Bird Feeder Restaurant' and the different mixes of feed you can use to attract different birds to your garden. www.rspb.org.uk/fun-and-learning/for-families/family-wild-challenge/activities/feed-the-birds/

Secondary/College: Create your own face covering, rather than buying new face coverings, is a great way of repurposing old clothing. Use this BBC guide (which includes three different designs) to create your own face mask.

www.bbc.co.uk/news/uk-52609777



#EcoSchoolsAtHome



Eco-Action 41: Recycle Education

Nursery: Have a recycling quiz! Ask a parent or guardian to gather rubbish for a day, rather than putting it straight in the bin. When a good amount of rubbish has been collected, have a recycling quiz seeing if you and other members of your household can guess the correct bin for each item e.g. cereal box—cardboard recycling.

Primary: Use the internet to research what can be recycled in your local area (you can do this by searching the name of your local authority + recycling), your local authority should have guidance for which bin to use in your area. When you have completed your research, share your findings with other members of your household and check your bins to see if you have been correctly recycling!

Secondary/College: Use the internet to research what can be recycling in your local area (you can do this by searching the name of your local authority + recycling). When you have done this, research further recycling tips (e.g. if you flatten boxes more can fit in each bin, meaning more can fit in each collection saving petrol). When your research is complete, tell other members of your household how to recycle correctly and efficiently.

Eco-Action 42: Donate

For all ages: Donating old clothes, books, toys or games is great! It is better for the environment, helps others in need, declutters your bedroom and helps to protect our natural resources and the planet. All of these combine to make you feel great when you donate because you know you're doing something for a good cause. Take an hour out of your day to look through your belongings and see if there is anything you no longer use that you could donate, maybe set yourself a target such as filling a tote bag with donations. When lockdown is over, you can give your donations to a friend, relative or local charity shop (with adult permission of course). You could even begin planning a **(Re)Love Our Stuff** project in school. www.eco-schools.org.uk/eco-projects/rellove-our-stuff/



For more Waste #EcoSchoolsAtHome inspiration visit our
Eco-Schools Pinterest account

www.pinterest.co.uk/ecoschoolsengla/waste-topic/

