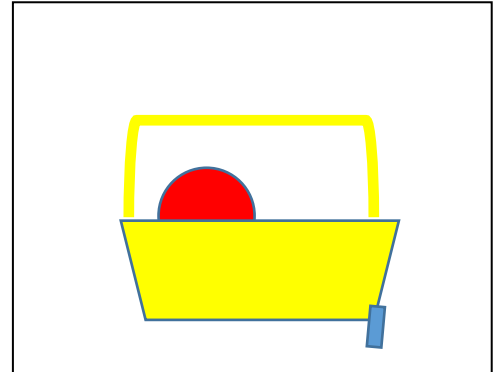


## Plan a picnic

### What you will need:

- A blanket to sit on
- A picnic
- Friends or family



### Where to have your picnic:

- Go to a park, a beach, on top of a hill or have a picnic in your garden.

### Suggestions of things to go in your picnic basket:

- Carrot sticks
- Pepper sticks
- Hummus
- Ham pitta
- Cheese sandwich
- Chicken wrap
- Pasta salad
- Plum
- Apple
- Yogurt
- Nuts or seeds
- Flapjack

- Muffin
- Water
- Milk

Don't forget to:

- Wear sun cream and a sun hat if it is sunny.
- To have fun !
- Take some photographs and show your teacher when you come back to school.