

Eco Ideas for this year...

Healthy Living

- Learn about UPFs, seasonal food and plant-based diets.
- PDP community recipe book.
- Mental health awareness assembly.
- Sponsored run.
- Keep fit club at lunchtime.
- Walk to school challenge.

Marine

- Plastic free snacks at breaktime (to reduce litter as well as single-use plastics).
- PDP community recipe book could include plastic free snack options.

School Grounds

- Plant some fruit trees.
- Create a vegetable patch and use the food grown for free healthy snacks.
- Restart composting.
- Seed/plant swaps.